

CRUNCH TIME

Marsha Marshmallow



Serve information: 1 x Marsha, the Marshmallow Lady's

INGREDIENTS:

Bowl of 12 white marshmallows
(regular-sized: not the mini or
jumbo ones)

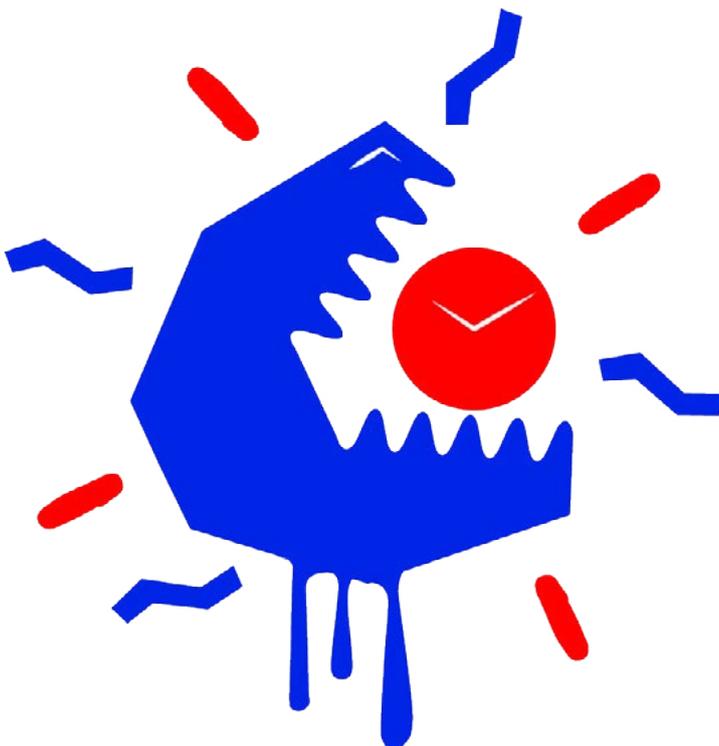
EQUIPMENT:

Chopping board
4 wooden barbeque skewers (thin)
Scissors
Black permanent marker pen
Red permanent marker pen
Blue permanent marker pen
Kitchen vacuum pump



METHOD:

1. Working on a chopping board, place 4 marshmallows in a row, touching each other at their flat edges. Run a skewer through the middle of the whole row. This will be Marsha's the Marshmallow Lady's torso and head.
2. Use scissors to cut off the excess, protruding wood from each end.
3. Run another skewer through the second marshmallow, perpendicular to the first skewer. This will be the foundation of the Marsha's arms.
4. To complete Marsha's arms: Add 2 more marshmallows (with flat ends together) to each end of the second marshmallow.
5. Cut off the excess wood. You should now have a shape similar to a plus sign, with 5 marshmallows running across (which are Marsha's arms) and 4 running down (which are her head and torso).
6. In the bottom marshmallow of Marsha's torso, place 2 skewers so that you make a V-shape, which will form the foundation of her legs.
7. Add two marshmallows to each side to form her legs
8. Cut off the excess wood.
9. Decorate Marsha: use the blue marker pen to draw her eyes, and the red marker pen to draw on her lips.
10. Use the black marker pen to draw on her eyelashes, hair and nose.
11. Place Marsha in a kitchen vacuum pump and seal her in.
12. Use the pump to suck some of the gas out of the chamber. This will cause Marsha to expand.
13. Keep operating the pump. You'll see that that eventually Marsha will begin to deflate.
14. Unseal the kitchen vacuum pump, and you'll see that the structure of the marshmallows has ruptured.



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