

# CRUNCH TIME

## Watermelon Punch



**Serve information: 1 Watermelon Bowl  
Containing Watermelon Punch and 2 Glasses Of Watermelon Punch**

### INGREDIENTS:

1 Watermelon  
4 Limes  
1/2 Bunch mint  
2 Tsp caster sugar  
1 Liter sparkling mineral water  
4 Watermelon balls  
4 Cubes of ice

### EQUIPMENT:

2 chopping boards  
2 sharp knives  
Several spoons  
3 large bowls  
Blender  
Jug  
Fine sieve  
Citrus juicer  
Small bowl  
Mortar and pestle  
2 glasses  
2 straws  
Punch ladle



## METHOD:

1. Cut the top third off the watermelon. Trim the bottom of the watermelon just enough to make a flat surface for the watermelon bowl
2. Scoop out the flesh into a large bowl
3. Working in batches, puree watermelon in a blender
4. Strain through a fine sieve over a large bowl and discard the solids
5. Slice the half lime into slices
6. Squeeze the remaining limes with a citrus juicer
7. Coarsely chop the mint leaves
8. Pick half the mint leaves and crush with the sugar in a mortar and pestle into a paste
9. Add mint paste to the lime juice and mix
10. Stir the watermelon juice and lime juice together and add the sparkling mineral water
11. Pour the Watermelon Punch into the watermelon bowl
12. Garnish with remaining mint, lime slices and watermelon balls
13. Add some ice cubes to the glasses and pour some Watermelon Punch into the glasses and add some straws



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